

Sample Seasonal Menu



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
LUNCH						
Soup: Tomato Grilled Cheese Or Chicken and Peach Salad Sandwich on a bun Both served with salad	Soup: Vegetable Fruit Plate with Muffin Or Tuna Melt on an English Muffin with Tomato Slices	Soup: Carrot Ginger Monte Cristo Sandwich with Grapes Or Peaches and Cottage Cheese with a Scone	Soup: Beef Barley Chicken Caesar Salad Or Egg Salad Sandwich on a Croissant with Melon Slices	Soup: Turkey Rice Chicken Fingers and Potato Salad Or Cream Cheese & Salmon Salad Plate with a Toasted Bagel	Soup: Sweet Potato Pancakes with Sausage Or Mini Subs served with Watermelon Slices	Soup: Pea Cream Cheese & Cucumber Sandwich Or Eggs Benedict on an English Muffin Both served with Garden Salad
Dessert: Fruit Jello	Dessert: Chef's Choice	Dessert: Double Chocolate Cake	Dessert: Strawberry Mousse	Dessert: Date Squares	Dessert: Ice Cream Sundae	Dessert: Blueberry Cheesecake
DINNER						
Entrée: Teriyaki Glazed Salmon Or Pork Roast with Apples Both served with Mashed Potato and Green Beans	Entrée: Chicken and Melon Salad Plate Or Sausage Roll and Gravy with Mashed Potato	Entrée: BBQ Ribs & Chicken Both served with Potato Salad and Corn on the Cob	Entrée: Meatloaf and Peas Or Corned Beef & Cabbage Both served with Mashed Potato	Entrée: Fish & Chips Or Beef Meat Pie Both served with coleslaw	Entrée: "MEXICAN NIGHT" Chicken Quesadilla with Salsa & Sour Cream Or Deluxe Chili	Entrée: Roast beef with Yorkshire pudding Or Baked Ham Both served with mashed potato, Brussel sprouts & baby carrots
Dessert: Lemon Meringue Pie	Dessert: Strawberry Shortcake	Dessert: Apple Crisp and Ice Cream	Dessert: Chocolate Eclairs	Dessert: Chef's Choice	Dessert: Key Lime Cheesecake	Dessert: Apple Blossoms